

Discussion Title: Give Peace a Chance – Conflict Resolution		Category: Relationships
<p>Opening Question(s):</p> <p>1) What are some of the reasons we avoid conflict?</p> <ul style="list-style-type: none"> - Intimidating - Hard to navigate, because conflict isn't planned, no time to think about how to respond - Not sure what lurks below the surface <p>2) What areas in life can we experience conflict?</p> <ul style="list-style-type: none"> - Family - Marriage - Roommates - Even dear friends <p>3) Conflict doesn't have to be as complex and painful as we make it out to be. Do you think God wants us to live in conflict? I don't think it's His plan. The bible says, ""But all who listen to me will live in peace, untroubled by fear of harm." ~ Proverbs 1:33 There are 362 scriptures with some form of the word peace.</p> <p>Think God wants us to live peaceful lives? I agree. The following are practicals from God on conflict resolution.</p>		<p>Pick 2-3 individuals to share. 5 – 10 minutes total.</p>
<p>Lesson:</p>		
<p>1) Seek to be humble versus haughty</p> <p>Philippians 2:3-4</p> <p>Humble people:</p> <ul style="list-style-type: none"> - Listen - Don't interrupt - Give the benefit of the doubt 	<p>2) Seek first to understand then to be understood</p> <p>Proverbs 3:21-23</p> <ul style="list-style-type: none"> - We can be more objective if we understand where the other person is coming from - Helps when we listen to the other person's point of view 	<p>Pick 1-2 individuals to answer each question (Q).</p> <p>Keep track of time during the discussion. Keep the discussion focused and on point. Avoid going off on a tangent topic.</p> <p>Additional notes:</p> <hr/> <hr/> <hr/> <hr/>

